



February 2009

6th Edition

Plans for 2009

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WWPRA

Newsletter

What can
Onions do for
you?

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WHAT MAKES YOU HAPPY?

LIVING LIFE, WORKING, FAMILY OR FRIENDS.

WHATEVER IT IS THAT MAKES YOU HAPPY KEEP

DOING IT, AS LONG AS IT IS NOT HARMING

SOMEONE ELSE OR YOURSELF

PLANS FOR 2009

- Completion of all Internal & External Works
- Education and fun trips
- Family First Night
- Humps on Peel Close
- Sound Insulation
- Recreating Pathway through Walmer and Peel
- Young & Senior Activities
- Excellent Estate Consultation

**We have a new e-mail address which is
wwpra@live.co.uk**

WWPRA Support Officers:

Dawn Bishop - 07957171341

Brandi Elderton - Vice Chair

Johanne Mayers Gaskin - 07951314463

Nisa Hussain - Treasurer

Send your ads to e-mail; wwpra@live.co.uk

Internal Works

This year from April C33 will be starting the next batch of Internal Works. There has been a feedback form regarding this and External Works that has gone out to all residents. Please complete if you have had or not had works, if you do not send it back then you are not interested or you are satisfied with the works that has been done.

Chairperson Profile

Dawn Bishop - Chairperson

I have lived in Waltham Forest from the start, with my twin boys who are now 18 has grown up in Leyton and Chingford. We have grown to like this area and have built good relation with the surrounding residents, park owners, The Ridgeway Park Children Centre, Wellington School and Community Police Officers.



My mission is that, I would like to ensure that residents are being treated fairly and enjoy living in this area. There has been some differences around the neighbourhood, but I hope residents can get pass this and make their life better through participating in some of the events we provide. If you feel there is something that you would like to do that will make you happy and allow your mind to have peace, then let us know and WWPRA can see if this is possible.

Brandi Elderton - Vice-Chairperson will be in March edition and so on.

SALSA CLASSES

With mixed age groups and different levels the class has been an experience

Every Fri till July 3rd

6.30 - 7.30pm beginners

8-9pm Intermediates

The Ridgeway Park
Children Centre
Peel Close

£3 for Residents

£4 for Non-Residents

£1.50 for 18-25

Free for Under 18

Health Tips

Onions

Onions have along folk history of use as a dietary supplement to treat diabetes in Asia, Europe and the Middle East. Which has a type of fibre that is particularly useful for controlling blood sugar levels Especially in the skin, when cooked in soup, but the skin must be removed before eating. Including Garlic when eaten raw.

The Green Pharmacy

Notice board

The Councilor is unable to attend the next meeting, due to a pre-booked meeting, however, you can speak to Peter Harrington on Saturdays 10-11.30am at the Centre in Peel Close, fortnightly.

Humps has been requested.

Sound Insulation

This is being look into for the flats as there is definitely a problem. There has been a few suggestion from some residents, regarding different options and when there is more info you will be notified.

CSM Inspection Dates

For 2009

You can meet with Reshma Ramsaroop @ the beginning of Peel Close near the Centre @ 1pm

April 8th

May 20th

July 8th

August 12th

September 9th

October 14th

November 25th

Communal Area, Rubbish problems
external lighting etc, etc

Meeting Dates

Wednesday 11th March 7.15-9pm @ The Ridgeway Park Children Centre

Wednesday 10th June 7.15-9pm @ The Ridgeway Park Children Centre

Wednesday 16th Sept 7.15-9pm @ The Ridgeway Park Children Centre

Friday 11th Dec 7.15-9pm @ The Ridgeway Park Children Centre

Applied Funding

We have applied to Awards for All to have an area revamp and C33 has agreed to help with this.

The funding also includes Younger Youth Groups and Dance Classes that we have looked into setting up.

Response in another 5 weeks



Residents' Suggestion

Vitality Show in March

Logo Competition for 2010

Amusement Parks, Zoo or Safari

Buckingham palace tour and Seaside

Theatre tickets

Bingo