

Baby Massage

At the Ridgeway Park Children Centre,
82 Peel Close, Chingford, E4 6XQ
Tel: 020 8529 3885



Experience the benefits of baby massage for
you and your baby.

Wednesday 1.30—3.30 in Rowan

Age range 8 weeks to 8 months
Please bring a towel

Invitation only by Cathy Styles, Health Visitor.
Sessions are £1.50 per family.

www.ridgewayparkchildrencentre.org.uk

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